

CLAHRC researchers based at Queen Mary University working to positively transform the health of young people have launched the [My health in school initiative and website](#).



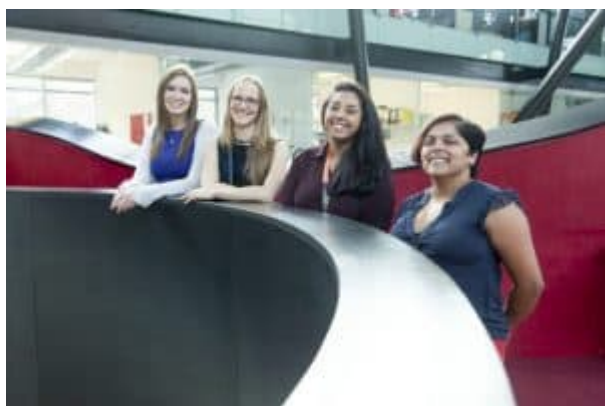
[Who we are](#) [What we do](#) [Get involved](#) [Resources](#) [Research](#) [Blog](#) [Contact](#)



'My Health in School' aims to support young people's health via school-based projects.

The My health in school team (below) also includes researchers and communications experts from Queen Mary University of London, and will initially focus will on asthma in young people aged 11-13, building on [CLAHRC research](#) and [engagement with young people](#).

Previous collaborations with pupils, teachers and parents has spawned a number of innovations to engage and educate young people living with asthma and their peers. Outputs already developed include board and computer games, a drama being delivered in a number of schools and a short film.



The team is working with Professor Jonathan Grigg, who leads several studies about asthma and lung health in children and young people.

As well as support from NIHR CLAHRC North Thames other key collaborators, include:

- Centre of the Cell
- GLYPT (Greenwich and Lewisham Young People's Theatre)
- Healthy London Partnership
- Asthma UK Centre for Applied Research

The project is recruiting secondary schools across London - schools that are interested are encouraged to get in touch with the team - [find out more about what being involved means here.](#)

My Health in School

Who we are What we do Get involved Resources Research

My Asthma in School
Get your school involved!

We are looking for secondary schools in London who want to take part in our 'My Asthma in School' programme.