

Summary

The aim of this research is to improve the provision of talking therapies for people who experience psychosis within a psychiatric inpatient unit. There are three aims to this study:

- 1. To review current research to see if Cognitive Behaviour Therapy (CBT) is helpful in an inpatient environment.**
- 2. To explore the perspectives of psychiatric inpatients (with experiences of psychosis) needs and priorities for talking therapies during their admission.**
- 3. To explore the needs and priorities of psychiatric inpatients (with experiences of psychosis) for talking therapies, from the perspective of psychological staff.**
- 4. To explore the therapeutic needs and priorities of psychiatric inpatients (with experiences of psychosis) from a multi-disciplinary team perspective (e.g. occupational therapists, consultant psychiatrists, and nursing staff).**
- 5. To develop guidance about how CBT for psychosis can be adapted effectively for the psychiatric inpatient environment.**

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Partners and collaborators involved: University College London and North East London

Foundation Trust