

What triggers asthma symptoms?

Can you identify celebrities who live with the condition?

How much lung capacity do you have?

These were just some of the questions we asked visitors to our stall at the 2018 Barts and Queen Mary Science Festival held at Queen Mary University of London's Mile End campus on 20 June.

The CLAHRC was represented by the ***My Asthma in School*** project team at the event aimed at secondary schools and young people interested in a career in science and medicine.



Science Festival at QMUL2018



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We took the chance to give visitors information on symptoms and managing the condition in schools, and raising awareness among young people they can better understand and support fellow pupils with asthma.

They could also test their lung capacity and put their results on a peak flow rate chart to see how they rated against other young people (below). The team is looking for schools to take part in their work. [Signing up your school is quick and easy](#) and will help your school support & empower young people with asthma.



My Asthma in School Project

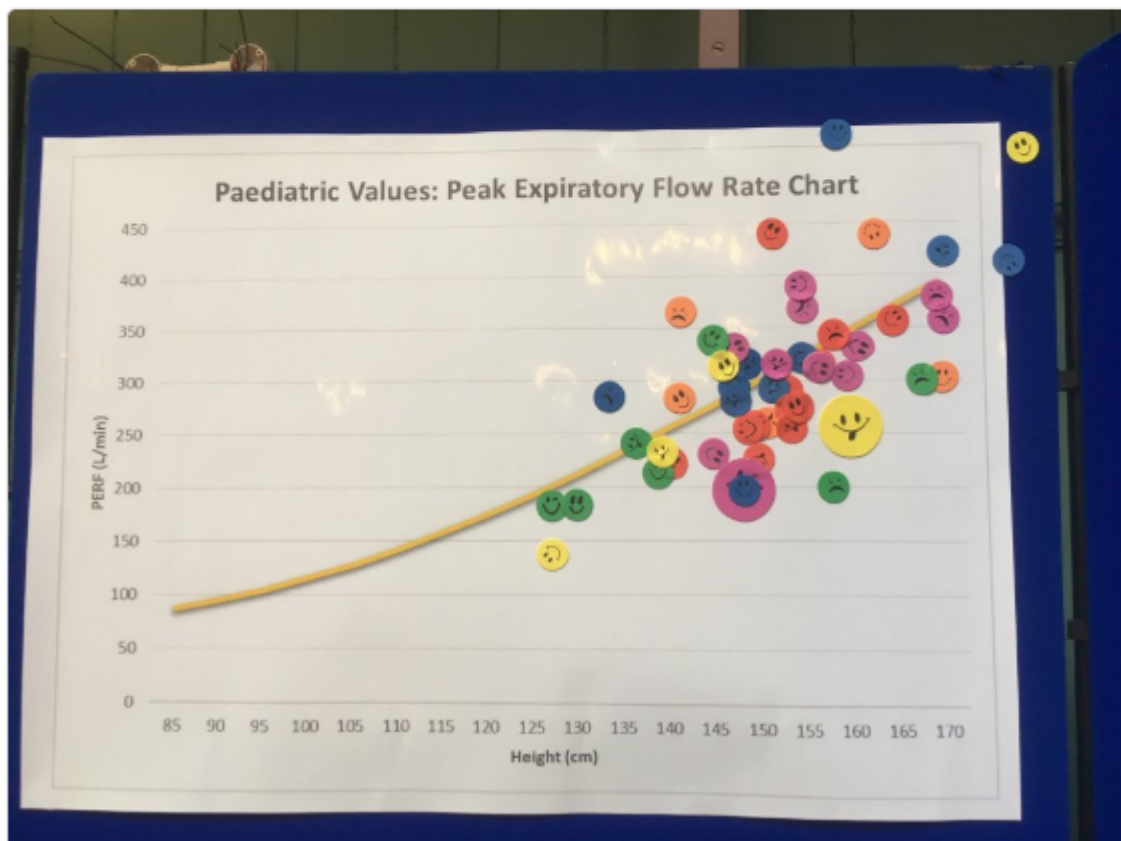
@SchoolsAsthma

Following



Many peak flow assessments done today with results recorded colourfully!

(Disclaimer: not as rigorous as when done by medical professionals as location is a busy science fair! & smiley/ frown on stickers not indicating medical assessment, rather sticker availability 🧑)



The Exhibitors at the festival provided hands on activities to encourage students to learn more about careers in science.

Now in its eighth year, the 2018 festival was supported by the NIHR Biomedical Research Centre (BRC) at Barts Health NHS Trust and Queen Mary University of London, and Trials Connect.

Thank you to the team and for the invite from Barts and QMUL.