

CLAHRC behaviour change researchers and PhDs Caroline Katzer and Marissa Mes were a big hit at the recent in ESPACOMP conference in Budapest Hungary. Caroline and Marissa presented to an audience of clinicians and allied health professionals interested in adherence



ESPACOMP ([European Society for Patient Adherence, COMpliance and Persistence](http://www.espacomponline.com)) promotes science concerned with the assessment of what patients do with medicines they have been prescribed – and the implications when they adhere, or don't adhere to them. Their 2017 conference brought together behaviour change practitioners and researchers from across the world and both Marissa and Caroline's presentation generated much interest and a host of questions from the audience.

Both Caroline and Marissa are conducting their PhDs as as part of our wider work examining the effectiveness of the **'Perceptions and Practicalities Intervention' (PAPI)** in improving adherence to asthma medication.





**Amy Chan**  
@amyhychan

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Great talk at #ESPACOMP2017 by @marissames1 - asthma interventions which improve motivation and ability to take medication more effective for improving #adherence @CBM\_UCLSoP @AUKCAR @CLAHRC\_N\_Thames @OfficialNIHR



[Marissa \(above\) is investigating](#) the effectiveness of pharmacists as the delivery channel of a theory-based intervention to support medication adherence in adults with asthma.

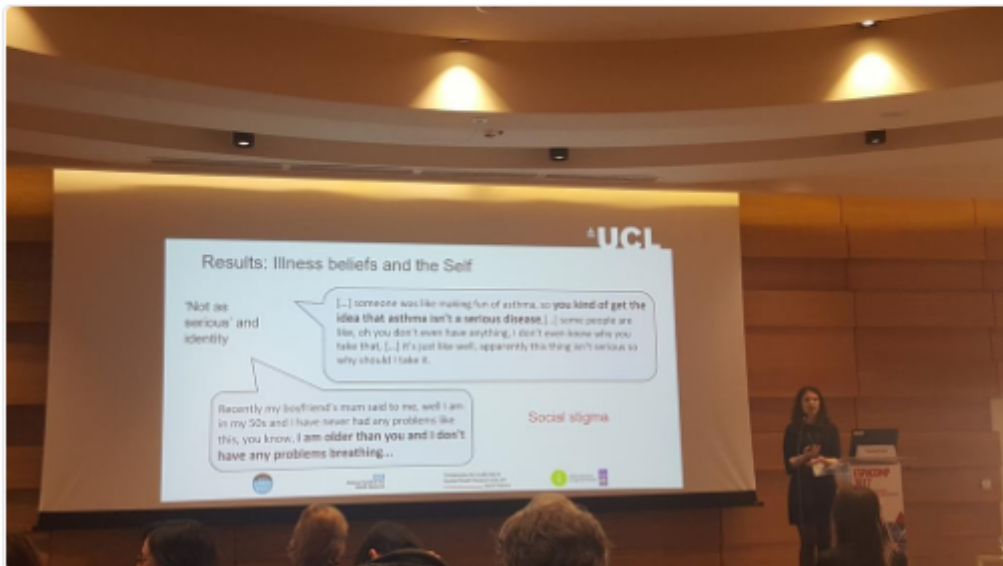




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- need to address beliefs driving this -  
Caroline Katzer at [#ESPACOMP2017](#)  
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Caroline is [focusing her PhD on developing the PAPI intervention](#) to support adherence to maintenance treatment in adult asthma patients.

Both fielded questions from pharmacists interested in how their research/academic findings were going to be translated into pharmacy practice, and how feasible this would be.