

Emma Dunphy is a musculoskeletal physiotherapist with a particular interest in rehabilitation of sports injuries. Emma's current role is at Homerton University Hospital Sports and Musculoskeletal Medicine Clinic. During her year with us Emma developed content for an existing website and tested this web-based intervention to support patients in rehabilitation who wanted more independence and better information.

Read [Emma's reflections on her year with us](#) and how her time with the CLAHRC influenced her practice.

Emma was successful in her application for the prestigious Clinical Doctoral Research Fellowship with the National Institute for Health Research (NIHR). She started her fully-funded PhD in April 2017, and through her doctoral research will be developing an E-Health intervention to improve rehabilitation for anterior cruciate ligament injuries.

Spotlight on...
CLAHRC/HEE NICE Fellow Emma Dunphy

"Working alongside CLAHRC researchers has made me more aware of the importance of involving clinically focused research that is meaningful to patients and therefore NHS staff in their everyday work and lives."

Emma Dunphy is a musculoskeletal physiotherapist with a particular interest in rehabilitation of sports injuries. Emma's current role is at Homerton University Hospital Sports and Musculoskeletal Medicine Clinic. The fellowship provided an opportunity to address research that had arisen during her PhD position.

"I applied for the CLAHRC Fellowship because I had been developing research ideas through clinical work and I needed protected time to develop my ideas and my skills as a clinical researcher in North Thames."

The Clinical Career at an important moment in Emma's career for her to explore and gain a route to a clinical academic career.

"The fellowship made it a practical matter for me and my supervisor to apply."

This year has been working with so many research staff who had already completed some successful research projects. I had already developed collaboration with an experienced research physiotherapist in CLAHRC. I've really enjoyed meeting the staff in the network of a London population of practitioners from across the already developed collaboration with an experienced research physiotherapist in CLAHRC. I've really enjoyed meeting the staff in the network of a London population of practitioners from across the already developed collaboration with an experienced research physiotherapist in CLAHRC.

Emma developed content for an existing website and tested this web-based intervention to support patients in rehabilitation who wanted more independence and better information.

"My biggest benefit of how the website was accepted by the population and the physiotherapists was used it in order to inform future development."

Looking forward to how the impact of her work will contribute to knowledge and research in the area of her work.

"In the long term, this will inform future studies on ability in physiotherapy."

Emma offered a brief reflection on the fellowship:

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For more information about the fellowship visit our website [Visit us on about CLAHRC successful NIHR applications](#)