

A new case study details how young people played their part in improving diabetes services in East London.

The document outlines the origins of a “Young Commissioner” scheme to help ensure diabetes services for children and young people were redesigned to be more appropriate and acceptable to young people in the borough of Newham.



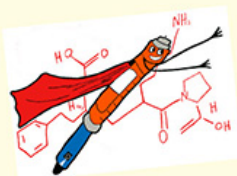
It sets out how they were recruited and supported, how the CLAHRC provided training and support, and the engagement work they did (see image above) to get a picture of how well diabetes services were planned and delivered in the borough.

## Case Study

### Diabetes Peer Educators: Research, Policy and Practice

September 2015

Angela Harden, Darren Sharpe, Emma Green, Rachelle Ferrer, Anil Shah,  
Taylor Pepper, Harmeet Singh, Leena Bheeham, Taiga Asda, Cherrrie Reed,  
Mohammed Ali, Alibien Thagi, Sanam Chotai, Elifcan Topsogut, Khadija Miah,  
Sema Thasnim, Shandies Rose, and Tahmid Alam.



**Newham Diabetes Youth Commissioners Clinical Commissioning Group**

**Newham Diabetes Services - Have your say, shape the way!**

Are you a young adult with diabetes (15-25 years) interested in improving the lives of young people with diabetes?

£10 voucher for taking part

Participants will be selected

All ages welcome (minimum 16 years)

**When:**  
21 July 10am-12:30pm  
4 August 10am-12:30pm  
20 August 4pm-6:30pm

**Where:** Leighton Way  
West Ham United Football Club, London, E13 6JZ

We want to hear about your experiences. Young people and their families, carers and friends are invited to tell us about Newham's youth diabetes services and share ideas on how the community can help improve them.

For information contact 07766 076 176  
Spaces are limited, what is not to guarantee your spot.  
All 18+ only you will be asked to participate.

