

Bethan is a research assistant working on the i-THRIVE Evaluation and is involved in the development of research tools and data collection. She has experience of conducting research across mental health services where the aim was to discover mental health professionals' assessment of patient activation in clinical practice and their receptiveness to a formal measure of patient activation. Her career has also involved working in inpatient settings. Bethan has a BSc in Psychology and an MSc in Mental Health Studies.