

## **Summary**

The aim of the PhD is to develop a theory-based intervention to improve adherence to inhaled corticosteroids (ICS) in adult asthma patients and to evaluate its acceptability and feasibility in a pilot study. Within this PhD the theoretical background and factors related to non-adherence in asthma are investigated in a literature review, through focus groups and observations in a clinical setting. Together these insights form the basis of the intervention. Intervention components have been pretested in an online study and an intervention manual has been prepared and is currently under investigation in a pilot feasibility and acceptability study delivered by pharmacists in a primary care setting in City and Hackney and Haringey CCGs.

## **Start date and duration**

28th September 2015, 3 years

**Supervisors:** Prof Rob Horne UCL and Prof Stephanie Taylor QMUL

## **Partners and collaborators**

City and Hackney CCG and Haringey CCG; AUKCAR – Asthma UK Centre for Applied Research